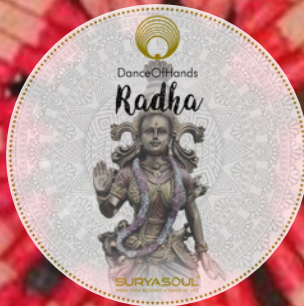


Dance Of Hands

Educational Program - open for everybody
with SuryaSoul® Creators Philippe Beaufour & Sabine Zweig

2025 May 9 - 11
LOVE.loft Hamburg & Nature



incl.
„Radha“
Choreography
27+1
Hasta Mudras

SURYASOUL®
WHEN YOGA BECOMES A DANCE OF LIFE

-SURYASOUL® EDUCATIONAL PROGRAM-

Dance Of Hands

- open to everyone -

When your hands, the instruments of your life, are in the position of the Chakra Mudra (Gesture) , life energy moves upward to merge into the wisdom of your higher Self. Mudras, classified under yoga or dance, share a common ground in all Vedic and Tantric arts.

Move and Dance your hands and fingers with the SuryaSoul Wisdom of the 7 Chakras and the physics. Music is our guide in this unique class format. DanceOfHands sessions are increasing our brain functions, activating subtle connections and supporting concentration. It is a soft and loving meditation practice with playful elements to invite the Dancers to open up Anahata (heart space).

COSTS incl. Learnbook & CardSet, Playlist "Radha"
500 Eur + 19% VAT

RETAKER of Dance Of Hands with new Choreo "Radha"
350,- Eur + 19% VAT

LOCATION inside & outside in nature
LOVE.loft Hamburg, Martinistr. 5, 20251 Hamburg/Germany

REGISTRATION
info@suryasoul.com, www.suryasoul.com



WWW.SURYASOUL.COM