

OPEN TO EVERY
BODY & SOUL



wild wise & wonder

DANCE & MEDITATION

SURYASOUL®

with creators Philippe & Sabine

AMSTERDAM

2019 NOVEMBER 23

*And forget not that the earth delights
to feel your bare feet and the winds
long to play with your hair.*

~ Khalil Gibran

SURYASOUL®

WHEN YOGA BECOMES A DANCE OF LIFE



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We move, we shine, we dance, we sing, we meditate and include!

SURYASOUL® - a Dance Of Life - is a worldwide conscious embodied Dance, Movement & Meditation practice based on the Chakra system (the 7 energy centers) and the Tao & Integral Yoga philosophies. It includes inspiring rhythms and music from all genres. **SURYASOUL®** (surya=sun in sanskrit) creates an effective system for health and growth. It is an open invitation to every Body & Soul. In the Dance we discover our hidden wild nature, to feel alive and strong, to manifest both our feminine and masculine energies. We meet our own inner wisdom and we wonder ...

SURYASOUL® DAY EVENT: 10.30 PM - 6.30 PM

10.30 AM-12.30 AM SURYASOUL® DanceOfSoma

Choreographed and Free Moves with Dancing Body Mudras and healing Chants based on the Form of a Mandala for your body & soul.

2 PM - 6.30 PM SURYASOUL® Meditation & DanceOfSpirit

From Sound-healing Meditation (Tibetan Bowls) to Conscious Open Dance Poetry with individual and collective Dance Expression & Creativity. We meet our inner wisdom... A Meditation and Dance journey into the vibration of the 7 Music Genres matching the 7 Chakras.

LOCATION

Jungle, Tweede van Swindenstraat 26,
1093 VS Amsterdam, Netherlands

COSTS

Earlybird € 110 until August 31 | € 130

REGISTRATION

Lonneke Zintel, www.suryasoul.nl
+31 652 05 57 78 | lonneke@breakfreesociety.nl



WWW.SURYASOUL.COM

Sabine Zweig & Philippe Beaufour are the creators of SURYASOUL®. They have been teaching and moving people worldwide since 2004 in workshops, retreats, festivals, congresses, trainings, hospitals, group and individual classes. Sabine has been living with a chronic lymphatic condition since birth which has required her to spend time in hospitals and clinics. Dance, Yoga and Meditation have become a healing journey for her after following the call of becoming an inspiration for many people through movement and dance events. She is also an architect and designer by profession. Philippe traveled to India when he was 28 years old to start a new life in Auroville, the international project on human unity created in 1968. Trained in Taoist martial arts, his vision is to connect these movement forms to music. They are living in Auroville, India and Hamburg, Germany for more than 24 years. Come and join their shining Love for Life through Dance, Meditation, Rituals, Tao and Yoga.

