

OPEN TO EVERY
BODY & SOUL



OM SHANTI

DANCE OF PEACE GATHERING
A CONSCIOUS COMMUNITY WEEKEND

SURYASOUL®

with creators Philippe & Sabine

BUDAPEST

H U N G A R Y

2019 OCTOBER 4-6



SURYASOUL®

WHEN YOGA BECOMES A DANCE OF LIFE



SURYASOUL® BUDAPEST HUNGARY

We move, we shine, we dance, we sing, we meditate and include!

SURYASOUL® - a Dance Of Life - is a worldwide conscious embodied Dance, Movement & Meditation practice based on the Chakra system (the 7 energy centers) and the Tao and Integral Yoga philosophies. It includes inspiring rhythms and music from all genres. **SURYASOUL®** (surya=sun in sanskrit) creates an effective system for health and growth. Everybody is welcome!

● **FR, OCT 4TH 6.30 - 8.30 PM**

SURYASOUL® DanceOfSoma Class „OM Shanti“

Choreographed and Free Moves

Earlybird until
August 1

€ 20 | € 25

● **SA, OCT 5TH 10 AM - 12.30 PM**

SPECIAL EVENT: SURYASOUL® Conscious Dance Ritual

€ 30 | € 35

3 PM - 6.30 PM

SURYASOUL® Workshop: Music-Mantras-Mudras-Movement € 50 | € 55

Dancing Body Mudras, Peace Chants, Sound-healing Meditation.

OPTION: 7.30 PM commUnity Dinner

● **SU, OCT 6TH 9.30 AM - 12.30 AM**

SURYASOUL® DanceOfSpirit - DanceOfPeace

€ 35 | € 40

Conscious open dance poetry with individual and collective expression. We will meet our inner space - peace - with a gentle and dynamic dance journey.

OPTION: 7.30 PM Deva Premal Mantra Concert

COSTS

SUPER-Earlybird € 100 (Reg. until July 1)

Earlybird Fr-Su € 120 (Reg. until August 1) | € 140

LOCATION

Aranyiz | Arany János u.10 | Budapest 1051 Hungary

REGISTRATION

Anita Kocsis | kocsis.anita@me.com | +36 309305293



WWW.SURYASOUL.COM

Sabine & Philippe are the creators of SURYASOUL®.

They have been teaching and moving people worldwide since 2004 in workshops, retreat centers, festivals, congresses, trainings, hospitals, group and individual classes.

Sabine has been living with a chronic lymphatic condition since birth which has required her to spend time in hospitals and clinics. Dance, Yoga and Meditation have become a healing journey for her after following the call of becoming an inspiration for many people through movement and dance events. She is also an architect and designer by profession. Philippe traveled to India when he was 28 years old to start a new life in Auroville, the international project on human unity created in 1968. Trained in Taoist martial arts, his vision is to connect these movement forms to music. They are living in Auroville, India and Hamburg, Germany for more than 23 years. Come and join their shining Love for Life through Dance, Meditation, Rituals, Tao and Yoga.

