

OPEN TO EVERY
BODY & SOUL

OM



SHANTI

DANCE OF PEACE

SURYASOUL®

with creators Philippe & Sabine

AMSTERDAM

2019 MARCH 23 & 24



SUR YASOUL®.COM
...when yoga becomes a DanceOfLife



SURYASOUL®

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We move, we shine, we dance, we sing, we meditate and include!

SURYASOUL® - a Dance Of Life - is a conscious embodied Dance, Movement & Meditation practice based on the Chakra system (the 7 energy centers) and the Tao and Integral Yoga philosophies. It includes inspiring rhythms and music from all genres.

SURYASOUL® (surya=sun in sanskrit) creates an effective system for health and growth. It is an open invitation to every Body & Soul, to all DancersOfLife.

SA, MARCH 23, 2-6 PM **SURYASOUL® DanceOfSoma "OM"** € 80
Choreographed and Free Moves with Dancing Body Mudras, Chants and Sound-healing Meditation (Tibetan Bowls and live instruments).

SU, MARCH 24, 10AM-1PM **SURYASOUL® DanceOfSpirit "SHANTI"** € 60
Conscious open dance poetry with individual and collective Dance Expression & Creativity. We meet our inner peace... A journey into the energy and vibration of the 7 Music Genres matching the 7 Chakras.

LOCATION Jungle, Tweede van Swindenstraat 26,
1093 VS Amsterdam, Netherlands

COSTS Super-Kombi SA-SU € 130 | € 120 Earlybird until Dec 31

REGISTRATION Lonneke Zintel
+31 652 05 57 78 | lonneke@breakfreesociety.nl

Sabine Zweig & Philippe Beaufour are the creators of SURYASOUL® and the DANCERSOFLIFE platform.

They have been teaching and moving people worldwide since 2004 in workshops, leading retreat centers, festivals, congresses, trainings, hospitals, group and individual classes.

Sabine has been living with a chronic lymphatic condition since birth which has required her to spend time in hospitals and clinics. Dance, Yoga and Meditation have become a healing journey for her after following the call of becoming an inspiration for many people through movement and dance events. She is also an architect and designer by profession. Philippe traveled to India when he was 28 years old to start a new life in Auroville, the international project on human unity created in 1968. Trained in Taoist martial arts, his vision is to connect these movement forms to music. They are living in Auroville, India and Hamburg, Germany for more than 23 years.

Come and join their shining Love for Life through Dance, Meditation, Rituals, Tao and Yoga.



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